

2023 PFNCA Symposium

Chairs:

Dr. Debra Ehrlich, National Institutes of Health
Dr. Justin Martello, Christiana Care Neurology Specialists

List of Sessions

Approaches to Medicine Management: Three Movement Disorder Specialists Share Their Two Cents

Dr. Steve Grill, Parkinson's and Movement Disorder Center of Maryland, Dr. Aviva Ellenstein, Washington Brain and Spine Institute and Dr. Kelly Mills, Johns Hopkins, University

This presentation will utilize a case study approach to discuss medications commonly used to treat Parkinson's Disease and medication options for treatment of motor symptoms. Speakers will debate medication approaches.

In-person and View on Demand

Research Updates: Interpreting PD Research in the News

Drs. Debra Ehrlich, National Institutes of Health and Fernando Pagan, Georgetown University

Stories of promising new treatments or miracle cures are frequently seen in the news. However, lay media stories may misrepresent results or omit important information related the research. In this lecture, specific strategies for interpreting PD research in the news will be discussed using specific examples from lay media.

In-person and View on Demand

Humanizing Surgery Options including DBS

Dr. Alexander Ksendzovsky, University of Maryland

This session will humanize surgical options for those with Parkinson's and include an overview of Deep Brain Stimulation.

In-Person and View on Demand

Question & Answer Session hosted by members of the PFNCA Medical Advisory Board

PD perspectives: Are we on the same page? Understanding how providers, carepartners, and people with Parkinson's disease understand one another during this journey.

Dr. Justin Martello

This interactive session will consist of several physicians specializing in Parkinson's Disease sharing observations based on their experiences.

In-Person and View on Demand

Non-Motor Symptoms of Parkinson's Disease

Dr. Gary Volkell

This session will provide an overview of Non-Motor Symptoms of Parkinson's Disease, including cognitive, Autonomic and sensory ones.

Parkinson's and Sexual Health

Dr. Zoltan Mari and Lynda Mari, MS

This session will address how Parkinson's impacts sexual health.

Understanding Criteria for DBS

Dr. Yasar Torres-Yaghi, Georgetown University

This session will provide an overview of Deep Brain Stimulation as well as outline characteristics of a person ideal for the procedure.

Overview of Parkinson's Medications

Steve Grill, Parkinson's & Movement Disorder Center of Maryland.

This lecture will provide an overview of the medications commonly used to treat Parkinson's Disease. The discussion will focus on medication options for treatment of motor symptoms in addition to strategies to manage wearing off and dyskinesia.

How PD impacts balance and what you can do about it

Dr. Steven Lo, Georgetown University

Parkinson's and Hospitalization: A Case Study

Dr. Pritha Ghosh, George Washington University

Our speaker will utilize a case study approach to address challenges those with Parkinson's may experience when hospitalized.

Is Focused Ultrasound For You

Dr. Zachary Levine, Washington Brain & Spine Institute

Surgical treatment for Parkinson's disease has traditionally been invasive lesioning. This has been replaced by deep brain stimulation which still requires placement of a probe into the brain. Now there is a less invasive method of treating symptoms of Parkinson's disease. This will be discussion of the method, outcomes and future of this modality.

Parkinson's and Fall Prevention

Dr. Howard Weiss

People with Parkinson's may experience frequent falls, which can have significant negative consequences for their health. This lecture will provide an understanding of why people with Parkinson's fall and tools to prevent them.

Parkinson's Disease and Blood Pressure

Dr. Drew Falconer, Inova

This session will introduce participants to various issues for those with Parkinson's that may impact low or high blood pressure.

Parkinson's & Driving: A Movement Disorder Specialist and Occupational Therapist Conversation

Dr. Karl Maki and Keisha Jennings-Eakin MSOT/L, ECHM, DRS

This session will address considerations of driving when living with Parkinson's and explore when a person living with the disease may wish to limit or cease driving. It will also address the role Occupational Therapists can play to assist with determining driving safety.

ABC's of Parkinson's Disease

Dr. Paul Fishman, University of Maryland

Parkinson's disease (PD) is a neurological disease that causes both abnormal movements such as tremor as well as difficulty with normal movements such as walking. We will discuss the common signs and problems associated with Parkinson's disease and the strengths and limitations of current physical, medical and surgical treatment. We will also discuss our current understanding of the underlying brain changes found in PD and the state of research on treatment aimed at slowing or reversing the worsening course of PD.