



Walk Off Parkinson's -- Frequently Asked Questions

Registration

Is there a fee for registration?

Registration is free! Participants who raise at least \$125 will receive a **Walk Off Parkinson's** t-shirt. Additionally, other fundraising prizes are available.

Is a donation required to start a team?

No, a donation is not required to start a team.

Do I have to be on a team to participate?

You can participate as an individual, as a team captain or as a team member. Teams are a fun way for families, groups of friends, or corporate groups to rally together around the cause or support a Parkinson's patient. You can change your registration status at any time by emailing the update to walkoffpd@parkinsonfoundation.org

How do I join a team if I have already registered as an individual participant?

Email the name of the team or the name of a participant on that team to walkoffpd@parkinsonfoundation.org and we will add you to the team. Include your mailing address, please. We will send you a confirmation email once we have done so.

How do I create my own team if I have already registered as an individual participant?

Email the team name you have selected to <u>walkoffpd@parkinsonfoundation.org</u> and we will create the team for you. We will send you a confirmation email once we have done so.

My business would like to support Walk Off Parkinson's. How do we set up a team?

Please visit www.walkoffpd.org and click on Register and then "Start a New Team." If you need further assistance, please call 301-844-6510. Sponsorship opportunities also exist, please email for more information: walkoffpd@parkinsonfoundatino.org.

My friend or family member has already set up a team. How do I join an already existing team?

Please visit www.walkoffpd.org and click on Register and then "Join a Team." To find a team, enter the team name (or at least the first few letters), and then click Search. Select the team from the search results generated. If the team has a password, you will be prompted to enter that password. If you need further assistance, please call 301-844-6510.

How many members can each team have?

There is no limit to the number of team members a team can have.

Donating & Fundraising

Is it better to donate by check or by credit card?

Your donation – no matter which way you give it — is important and greatly appreciated. Some donors are interested in making donations where fees for processing the gift are as little as possible. Please note that 100% of donations by check or cash support PFNCA. When donations are received by credit card through the www.walkoffpd.org website, approximately six percent of the gift goes to various websites and credit card processing fees. This is quite standard for charity walk fundraising sites. If you make a donation by credit card offline – either by mailing in a donation form with your credit card information or by calling PFNCA's office at (301) 844-6510—about three percent of the gift goes to credit card processing. However, you end up making your donation, please know it will support the important efforts of the Parkinson Foundation of the National Capital Area (PFNCA). Donations by check can be sent payable to PFNCA, to PFNCA, 3570 Olney Laytonsville Rd #490, Olney, MD 20830

Can I donate for Walk Off Parkinson's using stock or other securities?

Yes. To make a donation of stock or other securities in support of Walk Off Parkinson's, please call (301) 844-6510 or email pfnca@parkinsonfoundation.org.

How do I make a donation by credit card on the Walkoffpd.org website?

Please visit www.walkoffpd.org, click on "Donate". You are then given the opportunity to make your gift in support of a specific participant, a specific team or to make a general donation in conjunction with the Walk Off Parkinson's program. If you select "Support a Participant", enter the participant's name of whom you want to donate. Select the name from the search results generated. If you select "Support a Team," enter the team's name. You will be taken to the donation page and prompted through the donation process. If you select "Make a General Event Donation" you will be taken directly to the donation page and prompted through the donation process.

How do I get a donation form, so I can make a donation by check or offline by credit card?

Please visit www.walkoffpd.org and select the Event Details link where you can view a form you may print. Please mail the form to PFNCA, to PFNCA, 3570 Olney Laytonsville Rd #490, Olney, MD 20830

How do I make a donation by check?

If you are making a donation on behalf of a specific participant, please be sure to include that person's name in the memo field. The donation will be credited to that person or team and will be deposited as soon as we receive it. Upon receipt of your donation, we will mail you a letter to be used for tax purposes. Please mail your check made out to the Parkinson Foundation of the National Capital Area or PFNCA to:

PFNCA 3570 Olney Laytonsville Rd #490 Olney, MD 20830

How do I make an anonymous donation?

If you have already made your donation, please email your name, the donation amount, and the person or team name to which you donated to walkoffpd@parkinsonfoundation.org and we will make your donation anonymous. We will send a confirmation email to you once we have done so.

If you would like a donation by check to remain anonymous, please include a note with your check indicating so.

If you would like a donation by credit card to remain anonymous and you have not yet made your donation, please visit www.walkoffpd.org, click on "Support A Participant," "Support A Team" or "Make a General Donation." Once you search and find the appropriate participant or team, you will be prompted through the donation process which includes the ability to make your donation anonymous. If you select "Make a General Donation" you will be taken directly to the donation page and prompted through the donation process. Once on the donation page fill in all the pertinent information and make sure the box is checked next to "Yes, make this an anonymous gift." If you want the amount of the donation to also remain anonymous, make sure the box is unchecked next to "Yes, you can display the amount of my donation publicly."

I have never done any fundraising, where do I start?

The easiest way to start is by sending a simple letter to your friends, family and colleagues. Sample letter templates are available to you in your **Walk Off Parkinson's** Participant Center. More fundraising ideas can be found in the Fundraising Guide that can be accessed from the Event Details page at www.walkoffpd.org

I mailed in donations, but I do not see them on my personal fundraising page. Where are they?

Please allow one week before mailed donation checks are added to your fundraising page. We need time to process each check and put them into our system. If you have a question about whether we received your donations, please call 301-844-6510.

What do I do with donation checks I receive after Walk Off Parkinson's?

Donation checks can be mailed in after Walk Off Parkinson's. Please mail donations to PFNCA, 3570 Olney Laytonsville Rd #490, Olney, MD 20830

The Event

How will the event work?

In response to COVID-19, this year's Walk Off Parkinson's will take place using a hybrid format. It will include a virtual welcome ceremony on Tuesday, September 21st and an in person celebration on Sunday, September 26th. Participants are encouraged to walk with family and friends in their own neighborhoods and share photos on Facebook using the hashtag #WalkoffParkinsons. You can also email photos to walkoffparkinsons@parkinsonfoundation.org and include your name. We'll post it on PFNCA's Facebook page. Also, post your photo on your Facebook page with the link www.walkoffpd.org with a message of inspiration.

Where will the in-person Walk Off Parkinson's Celebration take place?

This year's event will take place at Shirley Povich Field in Rockville, Maryland. There is ample free parking at the field. Shirley Povich Field is home to the Bethesda Big Train, a collegiate level baseball team. Shirley Povich Field is located at 10600 Westlake Dr, Rockville, MD 20852. It is in Cabin John Regional Park.

How can I help inspire?

Have someone take a photo of you walking. Email the photo to PFNCA@parkinsonfoundation.org and include your name. We'll post it on PFNCA's Facebook page. Also, post your photo on your Facebook page with the link www.walkoffpd.org with a message of inspiration.

Virtual Program

How do I view the Virtual Welcome and Closing Ceremonies?

You will receive a link to view these sessions when you register. A reminder email will be sent on the day of each session, which will also include the link.

Other

Can we have our own team shirts, hats, posters, etc.?

Yes, many teams design their own t-shirts to show support for someone for whom they are walking! Some teams also create signs, buttons, hats and other regalia to show support for Walk Off Parkinson's and the person/people for whom they are walking on behalf. Make t-shirts yourself, check out local vendors or try Walk Off Parkinson's sponsor API: http://www.apisource.com/. If you would like to use the Walk Off Parkinson's logo on your team shirt, please email walkoffpd@parkinsonfoundation.org.

If I cannot attend the day of the walk, how else can I get involved in Walk Off Parkinson's?

Even if you cannot attend the event, there are many ways to be involved in Walk Off Parkinson's! You could:

- Start a team and fundraise at work, school or social clubs.
- Request Walk Off Parkinson's information cards and flyers to place in your workplace or community center,
 or post information on bulletin boards around your community. Email walkoffpd@parkinsonfoundation.org
 today to request your materials. Thanks for helping to spread the word.
- "Like" Parkinson Foundation of the National Capital Area on Facebook at http://www.facebook.com/PFNCA and share the PFNCA page or a post about Walk Off Parkinson's with your friends.
- Browse the existing teams and read walkers' stories of why they are walking at Walk Off Parkinson's. Show your support by donating to them or sharing their walking page and story with friends through social media.