

Walk Off Parkinson's Virtual
Schedule of Activities

October 14, 2020 – Welcome Ceremony

Hosted by Dr. Pritha Ghosh, George Washington University

Movement Disorder Specialist: The Benefits – Dr. Codrin Lungu, National Institutes of Health
Understanding Your Dosages – Dr. Joseph Savitt, University of Maryland
How to Wear Your Mask Properly – Dr. Nicole Dietz, The Neurology Center of Fairfax
Importance of Exercise – Dr. Karl Maki, Annapolis Neurology Associates
Exercise Demonstration – Joy McLaughlin, INOVA

Question & Answer Session -- Dr. Aviva Ellenstein, George Washington University, Moderator
Panelists:

Dr. Pritha Ghosh, George Washington University
Dr. Codrin Lungu, National Institutes of Health
Dr. Justin Martello, Christiana Care Neurology Specialists
Dr. Joseph Savitt, University of Maryland
Dr. Howard Weiss

October 20, 2020 – Closing Ceremony

Hosted by Dr. Steve Grill, Parkinson's and Movement Disorders Center of Maryland

How to stay connected while staying safe at home – Dr. Greg Pontone, Johns Hopkins University
When to consider surgery – Dr. Zachary Levine, National Capital Neurosurgery
Importance of Exercise – Dr. Zoltan Mari, Cleveland Clinic
PFNCA Parkinson's Scorecard -- Dr. Randy Stephenson, The Neurology Center of Fairfax
Improve your Communication Skills – Dr. Sean Rogers, INOVA
Boxing Demonstration – John Sahakian, TITLE Boxing

Question & Answer Session -- Dr. Steve Grill, Parkinson's and Movement Disorders Center of Maryland, Moderator

Panelists:

Dr. Debra Ehrlich, National Institutes of Health
Dr. Drew Falconer, INOVA
Dr. Kelly Mills, Johns Hopkins University
Dr. Fernando Pagan, Georgetown University
Dr. Friedrich Rainer Von Coelln, University of Maryland