

Dear Doctor,

I, _____, have Parkinson's disease and am hospitalized under your care.

As you may know, patients with Parkinson's disease suffer from muscle rigidity, slow movements, tremor, and postural instability. In order to try to avoid these types of symptoms progressing during and complicating our hospital course, it is important to maintain strict adherence to our Parkinson's disease-related medication regimen. This important aspect of our care may need to be explained to the nursing staff, as medication dosing may not fit the usual hospital medication administration schedule.

Some medications may complicate Parkinson's disease signs and symptoms or adversely interact with Parkinson's disease medications. Consulting the hospital pharmacist may also prevent complications during hospitalization.

Appropriate fall and swallowing precautions should be used.

You may find the following reference valuable: "Inpatient management of Parkinson disease: current challenges and future directions." Oguh O, Videnovic A. Neurohospitalist. 2012 Jan;2(1):28-35. It can be accessed online at <http://www.ncbi.nlm.nih.gov/pubmed/23983860>.

I encourage you to reach out to my outpatient neurologist or primary care doctor managing my Parkinson's disease for additional information that may help with my inpatient course and care.

Sincerely,