



Parkinson's Disease Hospitalization Action points

- I. Avoid Hospitalization
 - a. Fall prevention: be compliant with Physical Therapy and use of canes/walkers
 - b. Reduce risk of infections
 - i. If choking, be evaluated and treated
 - ii. Manage urinary symptoms
- II. Stop MAOb inhibitors 2 weeks before elective surgery (consult with your physician)
- III. Pack a Ready Bag
 - a. Medication list – include timing of Parkinson's medications
 - b. Physician list
 - c. Living will
 - d. Power of Attorney/Guardian papers
 - e. Bring branded medications
 - f. Bring control device for DBS
 - g. Bring eyeglasses and hearing aids
- IV. Support System in Hospital
 - a. Family/friends presence helpful to avoid confusion/agitation
 - b. Consider overnight sitter if agitated
 - c. If possible, keep room well-lit during day, and close blinds at night
- V. Facilitate Communication with your team
 - a. Inform your team of physicians of admission
 - b. Ask that hospital physician contact your neurologist as needed
 - c. Arrange to have hospital records faxed to your physicians
- VI. Discharge Planning
 - a. Case manager involvement
 - b. Consider help or therapy in home following hospitalization
- VII. Special factors
 - a. Deep brain stimulation
 - i. Inform medical team about DBS
 - ii. Bring control device
 - b. Duopa Pump
 - i. Need to arrange for maintenance of system
 - ii. Bring equipment
 - iii. Contact nurse manager at "DuoConnect" who will train nursing staff

