Parkinson’s Disease Hospitalization Action points

I. Avoid Hospitalization
   a. Fall prevention: be compliant with Physical Therapy and use of canes/walkers
   b. Reduce risk of infections
      i. If choking, be evaluated and treated
      ii. Manage urinary symptoms

II. Stop MAOb inhibitors 2 weeks before elective surgery (consult with your physician)

III. Pack a Ready Bag
   a. Medication list – include timing of Parkinson’s medications
   b. Physician list
   c. Living will
   d. Power of Attorney/Guardian papers
   e. Bring branded medications
   f. Bring control device for DBS
   g. Bring eyeglasses and hearing aids

IV. Support System in Hospital
   a. Family/friends presence helpful to avoid confusion/agitation
   b. Consider overnight sitter if agitated
   c. If possible, keep room well-lit during day, and close blinds at night

V. Facilitate Communication with your team
   a. Inform your team of physicians of admission
   b. Ask that hospital physician contact your neurologist as needed
   c. Arrange to have hospital records faxed to your physicians

VI. Discharge Planning
   a. Case manager involvement
   b. Consider help or therapy in home following hospitalization

VII. Special factors
   a. Deep brain stimulation
      i. Inform medical team about DBS
      ii. Bring control device
   b. Duopa Pump
      i. Need to arrange for maintenance of system
      ii. Bring equipment
      iii. Contact nurse manager at “DuoConnect” who will train nursing staff