



## WALK OFF PARKINSON'S KIDS CORPS



Walk Off Parkinson's Kids Corps is a program for children 12 and under to help raise awareness of Parkinson's Disease. It is also an opportunity to help raise money to support the work of the Parkinson Foundation of the National Capital Area (PFNCA). PFNCA provides exercise, communication and education programs to help people with Parkinson's live well. More than 1,500 people are helped each year. You can join in this effort by spreading the word about Parkinson's Disease. Raising funds will help make sure PFNCA's programs continue to be available to those who need them.

**When you collect a minimum of five donations of \$10 or more you will receive a bank featuring Amp, PFNCA's mascot.** Amp travels around the region to educate people about Parkinson's and how to live well with the disease.

Thank you for supporting PFNCA in its efforts to help those with Parkinson's live well.

### GETTING STARTED...

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Print this package and make a list of people you would like to ask to support your efforts. You may want to include family members, neighbors, parents of your friend, etc. You may also want to go door to door in your neighborhood (be sure to do so with your parent or guardian).

### WHAT TO SAY...

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My name is \_\_\_\_\_

- I am raising money to help people with Parkinson's Disease.
- Parkinson's Disease is a neurological disease that impacts more than one million people in the U.S.
- It affects people in many bad ways including making it difficult to walk and do daily life functions like buttoning buttons, eating and sleeping. Some with the disease become forgetful and easily confused because it impacts the brain.
- Parkinson's impacts everyone differently. People with the disease can improve their health by exercising and focusing on communication skills such as speaking louder.
- Would you please support my efforts by making a donation to the Parkinson Foundation of the National Capital Area?

### COLLECTING DONATIONS...

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You can collect donations by:

- Cash
- Check (payable to PFNCA)
- Credit Card (give the person the credit card payment information sheet. Be sure to write your name on the sheet so we can properly credit the donation to your efforts.)

### SUBMITTING YOUR DONATIONS...

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You can submit your donations in one of two ways:

- In person at Walk Off Parkinson's on Sept. 24th at Nationals Park.
- By U.S. mail by sending them to PFNCA Walk Off Parkinson's Kids Corps, 8830 Cameron St. #201, Silver Spring, MD 20910



PARENT/GUARDIAN'S  
NAME

PARENT/GUARDIAN'S PHONE  
NUMBER

# WALK OFF PARKINSON'S KIDS CORPS DONATION FORM

[illegible]

## WALK OFF PARKINSON'S INSTRUCTIONS FOR CREDIT CARD DONATIONS

Thank you for your interest in making a donation to help people with Parkinson's Disease. Use the information on this page to make a credit card donation at your convenience.

**Step 1:** visit [www.pfnca.org](http://www.pfnca.org)

**Step 2:** press green donate button

**Step 3:** complete the online form

**Step 4:** In the general information box, enter the words Kids Corps and the name of the child that asked you to support this important effort:

Thank you for your support!

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